## MONTGOMERY COUNTY C.E.R.T INDIVIDUAL EQUIPMENT LIST

## CERT-Provided (on completion of CERT Basic training)

$\square$ CERT T-shirt
CERT baseball hat
$\square$ CERT Helmet - chin strap recommended
CERT Reflective vest
$\square$ ID badge (obtained through CERT MCFRS)
$\square$ CERT backpack
[ Personal first-aid kit (small)
$\square$ Gloves, heavy-duty (non-flammable)
$\square$ Whistle - plastic, loud
I Flashlight, large, with spare batteries sometimes provided, otherwise buy your own
$\square$ CERT tool (utility wrench, non-sparking)
$\square$ Goggles

OTHER- Provided by team member
Clothing:
$\square$ Response-type clothing (outer, inner, under)
appropriate to the weather
$\square$ Work boots (steel shank preferred, non-slip bottoms)
$\square$ Rain suit, foul-weather gear. or poncho
Personal Protection:
$\square$ Sun block
$\square$ Hand sanitizer (e.g., Purell)
$\square$ Insect repellent
$\square$ N95 Filter masks
$\square$ Filter masks (and filter refills if needed)
Exam gloves - several pairs

Personal Items:
$\square$ RON kit (minimal toiletries)
$\square$ Sunglasses, spare eyeglasses, contact lens case and supplies
$\square$ Energy bars, nourishing non-perishable snacks
$\square$ Cell phone, battery, charging cords (car \& wall), hands-free device
$\square$ Supply of normal prescription and OTC medications and, plus meds specific to your emergency needs (twice the anticipated deployment period, minimum of two-day supply)
$\square$ Canteens/water bottles, total capacity of at least two liters

Response Gear:
$\square$ Notepad (spiral type, pocket sized)
$\square$ Pens/pencils/large markers
$\square$ Headlamp, with spare batteries
$\square$ Optional: Multi-tool
$\square$ Duct tape, roll
$\square$ Caution tape or engineers tape, roll or long scavenged pieces
$\square$ Assorted tools: pry bar, crescent wrench, vise grips, screw driver, rope, etc.
$\square$ Thermal, or "space," blanket (compact)
$\square$ Optional: Belt pack for equipment \& canteens/water bottles
Optional: FRS radios, batteries, accessories
$\square$ Optional: Radio, AM-FM, very small

